

Personal Information

Name: Fadiyah Rezaig AL-Quthami

Nationality: Saudi

Job: Lecture at Applied Colleague, Al-Baha University

Addressed: Makkah – Saudi Arabia.

Mobile: 0503143117

Email: f.reziq@bu.edu.sa

Education

Educational institute	Location	Degree/Major	GPA	Duration
Umm Al-Qura University	Makkah, Saudi Arabia	Msc, Clinical Nutrition	(4/4)	2019-20121
Umm Al-Qura University	Makkah, Saudi Arabia	Bsc, Clinical Nutrition	(3.83/4) Excellent with first Honor	2010-2015

Researches

- The Impact of Vitamin D Status on COVID-19 Severity among Hospitalized Patients in the Western Region of Saudi Arabia: A Retrospective Cross-Section Study (2020-2022).
- Knowledge and Practices about Folic Acid Intake During childbearing Age (2015).

Books

- Author of step nutrition book (2016).

Honors and Awards

- The second glory medal for excellent computer implemented invention (device for measuring energy content of food from the International Organization for innovation (International Federation of Inventors' Association) (IFIA) in the Geneva International Exhibition of innovations (2013).

Membership

- Member of Saudi Society for Clinical Nutrition, (SSCN) from 2018 to present.
- Member of Saudi Arabia for Parenteral and enteral Nutrition (SAPEN) from 2023.
- Member of European society of enteral and parenteral nutrition (ESPEN) from 2023.

Experience

- Clinical Dietitian at King Abdulla Medical City from 09/4/2017 to 3/2/2020.
- Clinical Dietitian at Albader Group from 18/2/2017 to 6/4/2017.
- Clinical Dietitian at Alkhoodod Polyclinic from 1/10/2015 to 25/12/2016

Courses, Conferences

- Participate in research certificate program (RCP), Saudi National Institute of health (SNIH), Virtual, start from March 2023 to present.
- Pass the European ESPEN Diploma in Clinical Nutrition and Metabolism, March 16.2023

- Attendance the basic of medical statistics for health practitioner, Qosco, virtual 25-28 January 2023 (25 CME).
- Attendance introduction to citation managers workshop, Saudi National Institute of health research (SNIH) in Jeddah 6-7 December 2022
- Attendance Masterclass in Biostatistics: principal and application , Saudi National Institute of health research (SNIH) in Jeddah in Jeddah 6-7 December 2022 (10 CME)
- Attendance Statistical Analysis in Medical Research, Qosco, virtual 3-4 December 2022 (8 CME).
- Attendance " the 44th ESPEN congress virtual 3-6 September 2022, vienna, Ausrtain.
- Attenance “The 3 rd international conference of Saudi of the Saudi society for clinical Nutrition (SSCN)” virtual, 29-31October 2021
- Attendance “the Annual Evidence Based Practice (EBP) Foundation Course” King Faisal Specialist Hospital and Research Centre, virtual, 3-4 October 2021.
- Attendance “literature Review virtual webinar” 30 May 2021.
- Attendance “Statistical Analysis by SPSS” Ministry of Education, 2nd -3 December 2020.
- Attendance the live course entitled “Nutritional Support in Cancer” of the ESPEN life –long learning program on clinical nutrition and metabolism, Dammam,21st November 2020.
- Attend the live course entitled “Nutritional Support in Paediatric Patients (1)” of the ESPEN life –long learning program on clinical nutrition and metabolism, Dammam,21st August 2020.
- Attendance the Live webinar entitle “Sport Psychology – Role of Dietitian” 7th October 2020, Catalyst Training lab.
- Attend the online course entitle “Academic writing and publishing” 10th -11th June 2020, King Khalid University.

- Attendance the Live webinar entitle “Maximizing Exercise Performance in Trendy Diets” 18April 2020, Catalyst Training lab.
- Attendance the live course entitled “Nutritional Assessment and Techniques” of the ESPEN life –long learning program on clinical nutrition and metabolism, Dammam,31st January 2020.
- Attendance the live course entitled “Nutrition Support in the perioperative period” of the ESPEN life–long learning program on clinical nutrition and metabolism, Riyadh,19th October 2019.
- Attendance the live course entitled “Nutrition Support in Gastrointestinal Diseases” of the ESPEN life –long learning program on clinical nutrition and metabolism, Riyadh,19th October 2019.
- Attendance the live course entitled “Nutrition Support in Renal Disease”of the ESPEN of the ESPEN life –long learning program on clinical nutrition and metabolism, Riyadh,19th October 2019.
- Attendance the live course entitled “Nutrition in Obesity” the ESPEN life –long learning program on clinical nutrition and metabolism, Riyadh,19th October 2019.
- Attendance the online course entitled “Intensive Course in Adult Enteral Nutrition, 14th July-1st August 2019.
- Completed program entitle “Rethink Obesity: Nutrition and Beyond” Dubai, 3th May 2019.
- Attendance the live course entitled “Nutrition Support in Intensive Care Unit” of the ESPEN life –long learning program on clinical nutrition and metabolism Riyadh, 13th April 2019.
-
- Attendance the live course practicing medical nutrition therapy according to Saudi guidelines in control overweight and obesity among adult, Jeddah, 6th April 2019.
- Attendance the nutrition national committee, Jeddah 27th March 2019.
- Attendance the live course “sports nutrition and supplements” IFA & KAV, Jeddah 6th March 2019.

- Attendance the live workshop “Gastro-Intestinal Disorder nutritional management” 1st March 2019 Catalyst Training lab, Jeddah.
- Attendance the live course “Nutrition in ICU” Jeddah 15th December 2018.
- Attendance the live webinar entitle “Nutrition psychology” 7th December 2018 Catalyst Training lab, Jeddah.
- Attendance the live course entitled “Nutrition Metabolic Syndrome” of the ESPEN life –long learning program on clinical nutrition and metabolism, 9-11 November 2018, Cairo.
- Attendance the live course entitled “Nutrition Support in Older Adults” of the ESPEN life –long learning program on clinical nutrition and metabolism, 9-11 November 2018, Cairo.
- Attendance the live course entitled “Nutrition and Sport” of the ESPEN life –long learning program on clinical nutrition and metabolism, 9-11 November 2018, Cairo.
- Attendance the live course entitled “Nutrition Support in Neurological Diseases” of the ESPEN life –long learning program on clinical nutrition and metabolism 9-11 November 2018, Cairo.
- Attendance the online course entitle “The First comprehensive approach to parenteral nutrition, September 9th –October 11th, 2018.
- Attendance research summer school course &workshop at Kingdome of Doctor, Jeddah from 8th July to 2nd August 2018.
- Attendance the online course entitle “Basic nutrition for sport nutrition” 14th , May 2018, Tadarab.
- Attendance the online course entitle “Basic nutrition for Weight loss” 7th , May 2018, Tadarab.
- Attendance Approach to “parenteral nutrition feeding” of the ESPEN life –long learning program on clinical nutrition and metabolism 14th April 2018, Riyadh.
- Attendance Approach to “Oral and Enteral Feeding” of the ESPEN life –long learning program on clinical nutrition and metabolism 14th April 2018, Riyadh.

- Attendance bariatric surgery nutritional management training 30th March 2018 Catalyst Training lab.
- Attendance the course entitled “IRB training course” 13th February 2018.
- Attendance the Step-by-Step Research course 9th-10th February 2018, 14 CME hours.
- Attendance successful complete of effective Communication Skill 29th January 2018.
- Attendance the Research Methodology Symposium 26 January 2018, 10 CME hours.
- Attendance the Optifast Accreditation Program 25th November 2017.
- Attendance the Dubai Nutrition Conference 26th-28th October 2017, 20 CME hours.
- Attendance the practicalities of assessing and managing nutrition support pharmaco-nutrition with selenium in intensive care 26th-28th October 2017, 3 CME hours.
- Attendance the Nutritional Management of Bariatric Surgery Patient 26th-28th October 2017, 1.5 CME hours.
- Attendance the online course entitle “Diploma in Advance Sport Nutrition” Shaw Academy (2017).
- Attendance the online course entitle “Diploma in Personal Nutrition” Shaw Academy (2017).
- Attendance the online course entitle “Child Nutrition” Shaw Academy. (2016).
- Attendance the clinical Nutrition Update, King Fahad Hospital, Jeddah. (2015).
- Completion of Basic life Support Course (BLS), Al-Noor Training Center, Makkah, KSA. (2015).
- Attendance the 10th Applied Medical Sciences Students Meeting Jeddah, KSA (2014).

