

**Study Plan of the Program of Diploma of Higher Diploma Program in
Physical Education for Girls**

Course ID	Course Title	Credit Hours	Contact Hours	Pre-requisite
First Year: First Term				
PEDU-5101	Sports Psychology	2	2	
PEDU-5102	Descriptive Anatomy of Athletes	2	2	
PEDU-5103	Fitness & Health	2	2	
PEDU-5104	Physical exercise and sports shows	2	2	
PEDU-5105	Movement Education and motor Learning	2	2	
PEDU-5106	Team games	2	2	
PEDU-5107	Sports Management	2	2	
PEDU-5108	Rhythm and kinetic expression	2	2	
PEDU-5109	Racquet games	2	2	
CURR-5101	Methods of teaching physical Education	2	2	
Total		20	20	
First Year: Second Term				
PEDU-5110	Sports Sociology	2	2	
PEDU-5111	Injuries and first aid	2	2	PEDU-5102
PEDU-5112	Physical Stress Physiology	2	2	PEDU-5102
BIO-5101	Health and Nutrition Education	2	2	
PEDU-5113	Adapted Physical Education	2	2	
PEDU-5114	Individual games	2	2	
PEDU-5115	Sports recreation	2	2	
PEDU-5116	Selected Topics in Physical Education	2	2	
CURR-5300	Field Training	6	6	
Total		22	22	